

KINDERLAND MENU

OCT 2026

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			WGR Cinn Toast	WGR Cold Cereal
	Infant Substitutions		Banana	Mandarin Oranges
" This institution is an equal opportunity provider"	Peanut Butter		Chili with Cornbread	PBJ WGR/Chz Stick
	Hot Dogs, Raw Carrots		Peas	Mixed Veggies
	Celery, Grapes, Olives		Mango	Mixed Fruit
	Corn Cob, Chips		Cheese Slices	Juice
	Popcorn, Hard Crackers		Club Crackers	Popcorn
5	6	7	8	9
Pancakes	Bagel	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Applesauce	Honeydew	Apricots	Kiwi	Fruit Cocktail
Broccoli Rice and Cheese Casserole	WGR Grilled Cheese	Beef Picadillo	Stroganoff	Corned Beef/Parm Potatoes
Peaches	Mixed Veggies	Rice	Asian Mix	Hawaiian Roll
	Pears	Cinnamon Apple Slices	Mandarin Oranges	Mixed Fruit
Peanut Butter	WGR Cold Cereal	Pretzels	Cheese Slice	Mini Bagel/Cr Chz
WGR Ritz Crackers	Milk	Cucumber Slices	Triscuits	Raisins
12	13	14	15	16
French Toast	WGR Biscuit/Gravy	WGR Cold Cereal	WGR Rice Cake	WGR Cold Cereal
Blueberries	Cantaloupe	Banana	Diced Strawberries	Pears
WGR Corn Dog	Sausage Patties	Tater Tot Casserole	Chicken Pot Pie	Chicken Salad Sand WGR
Green Beans	Hash Browns/Cuties	Peas & Carrots	Biscuit	Mixed Veggies
Grapefruit	WGR Eng Muffin	Watermelon	Apple Slices	Mixed Fruit
WGR PBJ	Sliced Red Peppers/Ranch	Juice	Cheese	String Cheese
Sandwich	Chicken In A Biscuit	WGR Goldfish	Quesadilla	Orange Slices
19	20	21	22	23
Waffles	English Muffin WGR	WGR Cold Cereal	WW Cinnamon Toast	WGR Cold Cereal
Applesauce	Banana	Fruit Cocktail	Pears	Apricots
Bean Burrito	Pork & Veggie	Tiny Meatloaf	Spaghetti w/Meat	Chicken Caesar Pita
Veggie Mix	Egg Roll	Pasta Veggie Salad	Green Salad	Mixed Veggies
Tropical Fruit	Pineapple	Peaches	Cooked Carrots	Mixed Fruit
Cheese Slice	WGR Rice Cakes	WGR Sun Chips	Popcorn	Soft Pretzels
WGR Ritz Cracker	Grapes	Banana	Juice	Cheese Sauce
26	27	28	29	30
Pancakes	Bagel	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Diced Strawberries	Cantaloupe	Pears	Banana	Fruit Cocktail
Pig in a Blanket	Taco Soup	Mac and Beef	Cheeseburger	Freezer Clean Out
Chili	with Tortilla Chips	Tropical Fruit	Tater Tots	Broccoli
Peaches	Pineapple	Green Beans	Watermelon	Cuties
WGR Triscuit	WGR English Muffin	Pretzels	Cheese Stick	Strawberries
Apple Slices	Pizza	Baby Carrots	WGR Saltines	Yogurt

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)