

KINDERLAND MENU

SEP 2026

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Bagel Apricots	WGR Cold Cereal Banana	WGR Rice Cake Applesauce	WGR Cold Cereal Diced Strawberries
	Corn Dog WGR Cole Slaw Pineapple	Chicken/Brown Rice Fresh Garden Squash Peaches	Pork Loin/Roll Mashed Potatoes Peas and Carrots	PBJ WGR/Chz Stick Mixed Veggie Mixed Fruit
	Cheese Cubes WGR Triscuits	Soft Pretzels Cheese Sauce	Sliced Apples Goldfish	Chick'n In a Biskit Grapes
7	8	9	10	11
 HAPPY LABOR DAY	WGR Biscuit/Gravy Banana	WGR Cold Cereal Fruit Cocktail	WW Cinnamon Toast Strawberries	WGR Cold Cereal Cantaloupe
	Crunchy Hawaiian Chicken Wrap Fresh Pineapple	Chicken Strips Olives Watermelon	Chicken Egg Roll w/ Veg Filling Mandarin Oranges	Grilled Cheese Sand WGR Mixed Veggie Mixed Fruit
	Celery Sticks Peanut Butter	Cheez Its WGR Cuties	Popcorn Juice	Pretzels Baby Carrots
14	15	16	17	18
Pancakes Apricots	WGR English Muffin Cantaloupe	WGR Cold Cereal Banana	WW Oatmeal Cinnamon Apples	WGR Cold Cereal Blueberries
Sausage Links/Eng Muf Hash Brown Applesauce	Chef Salad Croissant Mandarin Oranges	Beef Burrito Corn Peaches	Beef & Spanish Rice 3 Bean Salad Pears	Chicken Salad Sand WGR Mixed Veggie Mixed Fruit
Rice Cake WGR Cheese Stick	Sliced Cucumbers WGR Ritz Crackers	Snack Mix WGR Nectarine Slices	Wheat Thins WGR Apple Slices	Cheese Quesadilla
21	22	23	24	25
French Toast Applesauce	Bagel Fruit Cocktail	WGR Cold Cereal Bananas	WGR Rice Cake Blueberries	WGR Cold Cereal Peaches
Broccoli Rice and Cheese Casserole Mandarin Oranges	Chicken Patty WGR Beets French Fries	Cheeseburger Tater Tots Watermelon	Chicken Alfredo Broccoli Fresh Strawberries	Chicken Caesar Pita Mixed Veggie Mixed Fruit
String Cheese Saltines WGR	Fresh Pear Slices Cheez Its WGR	Triscuit WGR Celery Sticks/Ranch	Cinn. Graham Crackers Orange Slices	WGR English Muffin Pizza
28	29	30		
Waffles Pears	WGR Biscuit/Gravy Applesauce	WGR Cold Cereal Diced Strawberries		Infant Substitutions
Hot Dog/Bun Tomato Cucumber Salad Apricots	Chicken Nuggets Caribbean Mix Mandarin Oranges	End of Month Freezer Cleanout Peaches	" This institution is an equal opportunity provider"	Peanut Butter Hot Dogs, Raw Carrots Celery, Grapes, Olives
Sun Chips WGR Raisins	Fruit and Yogurt Parfait	Peanut Butter & Jelly Sandwich		Corn Cob, Chips Popcorn, Hard Crackers

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)