

# KINDERLAND MENU

NOV 2024

**LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.**

**Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk**

**At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Cold Cereal WGR
Infant Substitutions				Raisins
Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives	" This institution is an equal opportunity provider"			Ham/Chz Sand WGR
				Mixed Veggies
				Mixed Fruit
Corn Cob, B Sprouts Chips, Hard Crackers				Juice
				Graham Crackers
4	5	6	7	8
French Toast Applesauce	Bagel Honeydew	Cold Cereal WGR Pears	WW Cinnamon Toast Kiwi	Cold Cereal WGR Fruit Cocktail
Meat Lasagna Green Beans Peaches	Chicken Strips WGR Corn on Cob Apple Slices	Beef Nachos w/ Chips Veg. Chili Mango	XtraChicken Veg Soup Bread Sticks Spinach Salad	WGR PBJ/Chz Stick Mixed Veggies Mixed Fruit
Peanut Butter WGR Ritz Crackers	Cold Cereal Milk	Yogurt Banana	Sliced Cheese Chick'n Biscuit	Mini Bagel/Cr Chz Raisins
11 Vet's Day SA	12	13	14	15
Waffles Applesauce	WGR Biscuit/Gravy Banana	Cold Cereal WGR Blueberries	WW Rice Cake Diced Strawberries	Cold Cereal WGR Mandarins
Corn Dog WGR Peas Grapefruit	Baked Chicken/ Noodles Yams Peaches	Broccoli Rice Cheese Casserole Pineapple	Cheeseburger Tater Tots Tropical Fruit	WGR Grilled Cheese Mixed Veggies Mixed Fruit
Cheese Quesadillas	Sun Chips WGR Cheese Dip	Banana WGR Goldfish	Apple Slices Chick'n Biscuit	Peaches Cottage Cheese
18	19	20	21	22
Pancake Applesauce	English Muffin WGR Peaches	Cold Cereal WGR Banana	WW Oatmeal Pears	Cold Cereal WGR Tropical Fruit
Bean Burrito Cooked Carrots Mango	Sloppy Joe on Bun Asian Mix Watermelon	WGR Egg Salad Sand Cauliflower Apricots	Tilapia w/ Rice Brussell Sprouts Fruit Cocktail	Broccoli Cheese Soup Bread Stick Mixed Fruit
WGR English Muffin Pizza	Yogurt Orange Slices	Soft Pretzel Cheese Sauce	WGR Wheat Thins Juice	WGR Ritz Crackers Grapes
25 SA	26 SA	27 SA	28	29
French Toast Cinnamon Pears	Bagel Peaches	Cold Cereal WGR Blueberries	CLOSED	CLOSED
Chicken Alfredo Broccoli Florets Cuties	Hot Dog/Bun Veg. Chili Grapes	Turkey / Roll Mashed Potatoes Corn		
Cold Cereal Milk	Boiled Egg WGR Ritz Cracker	Baby Carrots/Ranch Saltines WGR		

WW = 100% Whole Grain    WGR = Whole Grain Rich (50% WW + 50% Enriched)