

KINDERLAND MENU

AUG 2024

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS 11:30 a.m./SA 12:00p.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1	2
			Rice Cake WGR	WGR Cold Cereal
	Infant Substitutions		Fresh Blueberries	Strawberries
" This institution is an equal opportunity provider"	Peanut Butter		Chicken Strips	Hot Dog on Bun
	Hot Dogs, Raw Carrots		Potato Salad	Garden Veggie
	Celery, Grapes, Olives		Pears	Mixed Fruit
	Corn Cob, Chips		Wheat Thins WGR	Cheez Its WGR
	Popcorn, Hard Crackers		Cantaloupe	Raisins
5	6	7	8	9
Waffles	English Muffin WGR	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Peaches	Pears	Banana	Apricots	Honeydew Melon
Meat Spaghetti	Mac & Cheese	Baked Chicken/Btr Noodles	Corn Dog WGR	PBJ WGR/Chz Stick
Broccoli	Peas	Cole Slaw	3 Bean Salad	Garden Veggie
Mandarins	Fresh Nectarines	Oranges	Cuties	Mixed Fruit
WGR Saltines	Cheese Stick	Baby Carrots	Yogurt	Pretzels
Boiled Egg	Ritz WGR	Chicken In A Biskit	Graham Cracker	Cheese Stick
12	13	14	15	16
Pancakes	Bagel	WGR Cold Cereal	Cinn Toast WGR	WGR Cold Cereal
Cinnamon Apples	Apricots	Banana	Pears	Strawberries
Broccoli Rice and Cheese Casserole	Beef Nachos/Chips	Chicken Patty	Sloppy Joe	Ham/Chz Sand WGR
Peaches	Chili Beans	Spinach Salad	Cooked Carrots	Garden Veggie
	Mangos	Applesauce	Grapes	Mixed Fruit
Rice Cake WGR	Sun Chips WGR	Mini Bagel	Club Crackers	Cheese
Peanut Butter	Cheese Dip	Cuties	Cheese Cubes	Quesadilla
19	20	21	22	23
French Toast	WGR Biscuit/Gravy	WGR Cold Cereal	Rice Cake WGR	WGR Cold Cereal
Pears	Honeydew	Banana	Fresh Blueberries	Mango
Bean Burrito	Chicken Nuggets	Hamburger/Bun	Corn Dog WGR	Egg Salad Sand WGR
Green Beans	Zucchini	Potato Salad	Carrot Raisin Salad	Garden Veggie
Peaches	Plums	Watermelon	Tropical Fruit	Mixed Fruit
Juice	Soft Pretzels	Peanut Butter	Pineapple	Grapes
WGR Gold Fish	Cheese Sauce	Sliced Apples	Cottage Cheese	Graham Crackers
26	27	28	29	30
Waffles	English Muffin WGR	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Mango	Mixed Fruit	Cantaloupe	Cinnamon Apples	Fresh Strawberries
Chicken Strips	Mac & Ham Salad	Taco Salad in	Tiny Meatloaf	PBJ WGR/Chz Stick
Corn on the Cob	Olives	Tostada Bowl	Corn	Garden Veggie
Pears	Apricots	Tropical Fruit	Mashed Potatoes	Fruit Cocktail
Cheese Slice	Yogurt	Juice	Cheese Stick	Saltines WGR
Saltines WGR	Rice Cake	Cheez Its	Orange Slices	Grapes

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)