

KINDERLAND MENU

JUL 2024

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS 11:30 a.m./SA 12:00p.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
Pancakes Pears	WGR Biscuit/Gravy Peaches	WGR Cold Cereal Banana	HAPPY 	ENJOY 
Broccoli/Rice/ Cheese Cass. Watermelon	Beef n Mac Corn Zucchini	Hot Dog / Bun Pork & Beans Cuties		
Peanut Butter WGR Ritz Crackers	Boiled Egg WGR Gold Fish	Gardetto's Cheese Sticks	4TH OF JULY	BE SAFE
8	9	10	11	12
French Toast Peaches	English Muffin WGR Banana	WGR Cold Cereal Pears	Rice Cake WGR Honeydew	WGR Cold Cereal Blueberries
Burrito Refried Beans Raspberries	Mac and Ham Salad Olives Fresh Strawberries	Egg Salad Sand WGR Red Bells /Ranch Banana	Tiny Meat Loaf Mashed Potatoes Mixed Fruit	Chicken Nuggs WGR Mixed Veggies Mixed Fruit
Cheez Its WGR Plums	Cheese Slices WGR Ritz Crackers	Raisins Pretzels	Triscuits Watermelon	Grapes Boiled Egg
15	16	17	18	19
Waffles Applesauce	Bagel Peaches	WGR Cold Cereal Pears	WW Oatmeal Honeydew	WGR Cold Cereal Apricots
Cheeseburger/Bun 3 Bean Salad Mandarin Oranges	Sloppy Joe WGR Corn Apple Slices	Ham/Chz Sand WGR Potato Salad Banana	Chicken Drums Green Salad Mixed Fruit	Beef Nacho/Chips Veg Chili Beans Mixed Fruit
Yogurt Graham Cracker	Grapes Ritz Crackers	Cheese Stick Gardetto's	Orange Slices WGR Gold Fish	Cheese Quesadilla
22	23	24	25	26
Pancakes Strawberries	WGR Biscuit/Gravy Kiwi	WGR Cold Cereal Banana	Cinn Toast WGR Cantaloupe	WGR Cold Cereal Honeydew
Broccoli Rice & Cheese Cass Apricots	Taco Salad Tostada Bowl Fresh Oranges	PBJ WGR/Chz Stick Carrot Sticks/Ranch Watermelon	Sausage Patty Hash Brown Applesauce/Eng Muffin	Meat Lasagna Mixed Veggies Mixed Fruit
WGR Ritz Crackers Sliced Apples	Peanut Butter Celery Sticks	Cottage Cheese Fresh Pineapple	Mini Bagel/Cr Chz Raisins	English Muffin Pizza
29	30	31		
French Toast Applesauce	WGR Cold Cereal Peaches	WGR Cold Cereal Apricots		Infant Substitutions
Corn Dogs Beets Mixede Fruit	Tasty Tuesday Chef Surprise	Chef Salad Cinnamon Apples Bread Sticks	" This institution is an equal opportunity provider"	Peanut Butter Hot Dogs, Raw Carrots Celery, Grapes, Olives
Peanut Butter WGR Ritz Crackers	Kitchen Choice	Soft Pretzels Cheese Sauce		Corn Cob, Chips Popcorn, Hard Crackers

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)