KINDERLAND MENU

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SA	2 SA	3 SA	4 SA	5 SA
Pancakes	Bagel	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Applesauce	Cantaloupe	Banana	Blueberries	Mango
Ham	Pork Tenderloin	Baked Chicken	Burritos	Chicken Salad Sand WGR
Yams / Roll	Mashed Potatoes	Cooked Carrots/Rice	Green Salad	Mixed Vegetables
Green Beans	Roll / Pears	Cinnamon Apples	Peaches	Mixed Fruit
WGR Ritz Crackers	WGR English Muffin	Raisins	Peanut Butter	Cheez Its
Cheese Slices	Pizza	WGR Goldfish	Ritz	Baby Carrots
8 SA	9	10	11	12
French Toast	Biscuit/Gravy	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
Applesauce	Potatoes O'Brian	Banana	Honey Dew	Mandarin Oranges
Mac and Beef	Mac & Ham Salad	Corn Dog WGR	Tiny Meatloaf	Ham/Chz Sand WGR
Mixed Vegetables	Olives	Beets	Mashed Potatoes	Mixed Veggies
Pears	Apple Slices	Pineapples	Corn	Mixed Fruit
Ham Slices	Yogurt	Hard Boiled Egg	Cheese Sauce	Mini Bagel/Cream Chz
Saltine Crackers WGR	WGR Graham Cracker	Cheeze-Its	Tortilla Chips	Juice
15	16	17	18	19
Waffle	Bagel	WGR Cold Cereal	WW Cinnamon Toast	WGR Cold Cereal
Mango	Peaches	Bananas	Bananas	Raisins
Beef Stroganoff	Sloppy Joe/Bun	Homemade Pizza	Hot Dogs	Egg Salad Sand WGR
Peas	Green Beans	Olives	Pork & Beans	Mixed Vegetable
Apricots	Watermelon	Pears	Peaches	Mixed Fruit
Rice Cakes WGR	Grapes	Hard Boiled Egg	Bagels/Cr Chz	Cuties
Cheese Stick	Popcorn WGR	Sliced Cucumbers	Apple Slices	WGR Graham Cracker
22	23	24	25	26
Pancakes	English Muffin WGR	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Peaches	Mango	Pears	Blueberries	Applesauce
Broccoli, Rice &	Cheese Burger	Chicken Pot Pie	Egg	PBJ WGR, Chz Stick
Cheese Casserole	Tater-Tots	WGR Biscuit	Rolls	Mixed Vegetable
Cinnamon Apples	Apricots	Kiwi	Mandarins	Mixed Fruit
WGR Wheat Thins	Orange Slices	Banana	Gardettos	Fried Egg
Cheese Cubes	Mini Bagel	WGR Gold Fish	Grapes	Sandwich
29	30			
French Toast	Biscuit/Gravy			
Fruit Cocktail	Potatoes O'Brian		Infant Substitutions	
Chicken Nuggets	Beef Nachos		Peanut Butter	" This institution is
Peas	Refried Beans		Raw Carrots, Pretzels	an equal opportunity
Mandarin Oranges	Mango		Celery, Green Salad	provider''
Goldfish WGR	Peanut Butter		Corn Cob, Grapes	
Baby Carrots	Celery		Hard Crackers, Popcorn	