

KINDERLAND MENU

MAR 2024

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
				1
				WGR Cold Cereal
Infant Substitutions				Mango
				Chicken Salad Sand WGR
Peanut Butter				Mixed Vegetables
Raw Carrots, Pretzels				Mixed Fruit
Celery, Green Salad	" This institution is			
				Chick'n ina Biskit
Corn Cob, Grapes	an equal opportunity			Boiled Egg
Hard Crackers, Popcorn	provider."			
4	5	6	7	8
Waffles	English Muffin WGR	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Fruit Cocktail	Mango	Apricots	Banana	Blueberries
Hot Dog/Bun	Broccoli Rice Cheese	Pepperoni Pizza	Chili, Corn Bread	Ham/Chz Sand WGR
Veg Chili	Casserole	Green Salad	Sliced Cucumbers	Mixed Vegetable
Mandarin Oranges	Peaches	Olives	Pears	Mixed Fruit
Cheese Slices	Apple Slices	Strawberry	Yogurt	Soft Pretzels
Ritz Crackers WGR	Peanut Butter	Shortcake	Graham Cracker	Cheese Sauce
11	12	13	14	15
Pancakes	Bagel	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
Applesauce	Mandarin Oranges	Banana	Kiwi	Apricots
Beef Nachos	SweetnSassy Chicken	Beef & Mac	Chicken Pot Pie	Corned Beef/Breadstk
Refried Beans	Rice, Corn	Green Beans	Biscuit	Cabbage/Carrots
Mango	Peaches	Pears	Mixed Fruit	Mashed Potatoes
Juice	Banana	English Muffin	Mini Bagel/Cr Chz	PBJ
Popcorn WGR	Goldfish WGR	Pizza WGR	Orange Slices	Sandwich WGR
18	19	20	21	22
French Toast	Biscuit/Gravy	WGR Cold Cereal	WW Cinnamon Toast	WGR Cold Cereal
Pears	Cantaloupe	Blueberries	Fruit Cocktail	Mango
Baked Chicken/Biscuit	Chicken NuggetsWGR	Taco, Lettuce	Sloppy Joe/Bun	Egg Salad Sand WGR
Creamed Corn	French Fries	Tomato	Carrot Sticks	Mixed Vegetable
Peaches	Banana	Mandarins	Fresh Apple Slices	Mixed Fruit
Ritz Crackers WGR	Peanut Butter	Goldfish WGR	Yogurt	Cinn Graham Cracker
Ham Slices	Pretzel Sticks	Baby Carrots	Grapes	Kiwi
25	26	27	28	29
Waffles	English Muffin WGR	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
Applesauce	Pears	Fruit Cocktail	Apricots	Mandarin Oranges
Corn Dog WGR	Crunchy Hawaiiian	Cheeseburger/Bun	Mac & Cheese	PBJ WGR, Chz Stick
Peas	Chicken Wrap	Tater Tots	Corn	Mixed Vegetables
Cuties	Mango	Peaches	Cinnamon Apples	Mixed Fruit
Rice Cakes WGR	Pineapple	Wheat Thins WGR	Gardettos	Pretzels
Peanut Butter	Cottage Cheese	Cheese Stick	Raisins	Grapes