

KINDERLAND MENU

FEB 2024

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1	2
			WW Rice Cake	WGR Cold Cereal
			Apricots	Peaches
			Beef Nachos	Chicken Salad Sand WGR
" This institution is			Refried Beans	Mixed Vegetables
			Grapefruit	Mixed Fruit
an equal opportunity			Mini Bagel/Cr Chz	Celery Sticks
provider."			Cucumber Slices	Peanut Butter
5	6	7	8	9
Waffles	English Muffin	WGR Cold Cereal	WW Cinnamon Toast	WGR Cold Cereal
Mango	Mandarins	Honeydew	Peaches	Cinnamon Apples
P B & J, Cheese St	Veggie Beef Stew	Baked Chicken/Rice	Pork Loin/Croissant	Ham/Chz SandWGR
3 Bean Salad	Corn Bread	Peas	Cooked Carrots	Mixed Vegetables
Pineapple	Apple Slices	Banana	Applesauce	Mixed Fruit
Cold Cereal	Banana	Boiled Egg	WGR Wheat Thins	Strawberry
Milk	Ritz Crackers WGR	Grapes	Baby Carrots	Short Cake
12	13	14	15	16
Pancakes	Bagel	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Applesauce	Cantaloupe	Tropical Fruit	Strawberries	Apricots
Chicken Salad Sandwich	Broccoli Rice	Hot Dog/Bun	Chicken Veg Soup	Egg Salad Sand WGR
Beets	Cheese Casserole	Chili	Bread Stick	Mixed Vegetable
Pears	Fruit Cocktail	Banana	Orange Slices	Mixed Fruit
Cheese	Rice Cake	WGR Goldfish	Soft Pretzel	Yogurt
Quesadilla	Banana	Raisins	Cheese Sauce	Peaches
19	20 SA	21 SA	22 SA	23 SA
	English Muffin	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
	Applesauce	Kiwi	Cantaloupe	Blueberries
	Chicken Patty WGR	Pizza	Shepherd's Pie	P B & J WGR
	Green Beans	Green Salad	Texas Toast	Mixed Vegetables
	Mango	Olives	Tropical Fruit	Mixed Fruit
	Popcorn WGR	WGR Cheez Its	Apple Slices	Cottage Cheese
	Juice	Banana	Cheese Stick	Pineapple
26	27	28	29	
French Toast	Bagel	WGR Cold Cereal	WW Cinnamon Toast	
Fruit Cocktail	Applesauce	Apricots	Pears	Infant Substitutions
WW Grilled Cheese	Cheeseburger/Bun	Chick Nuggets WGR	Tiny Meatloaf	Peanut Butter, Raisins
Caribbean Mix	Tater Tots	Cauliflower	Mashed Potato	Hot Dogs, Raw Carrots
Peaches	Mandarin Oranges	Grapes	Pineapple	Celery, Grapes, Olives
Raisins	Fried Egg	Chex Mix	English Muffin	Corn Cob, Chips
Ritz Crackers	Sandwich WGR	String Cheese	Pizza WGR	Hard Crackers, Popcorn

