

KINDERLAND MENU

JAN 24

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
1	2	3	4	5
CLOSED 	Bagel Cinnamon Apples	WGR Cold Cereal Banana	WW Oatmeal Applesauce	WGR Cold Cereal Mangos
	Chicken Strips Beets Peaches	Corn Dog WGR Cucumbers Mandarin Oranges	Saus Pty/Eng Muff Hash Brown Pears	Ham/Chz Sandwich WGR Mixed Vegetables Mixed Fruit
HAPPY NEW YEAR!	WGR Goldfish Grapes	Cheese Quesadilla	Celery Peanut Butter	Apple Slices Cheese Stick
8	9	10	11	12
French Toast Mandarin Oranges	English Muffin WGR Strawberries	WGR Cold Cereal Pineapple	WW Rice Cake Mango	WGR Cold Cereal Peaches
P B & J, Cheese St Peas and Carrots Apricots	Chili Con Carne Green Beans Pears, Cornbread	Chicken Breast Mac & Chz, Carrots Grapes	Tiny Meatloaf Mashed Potatoes Corn	Fried Egg Sandwich Mixed Vegetables Mixed Fruit
Popcorn WW Juice	Cheerios Milk	WGR Wheat Thins Cheese Slices	Banana WGR Cheez Its	Cuties Pretzel
15	16	17	18	19
Waffle Applesauce	Bagel Apricots	WGR Cold Cereal Banana	WW Cinnamon Toast Fruit Cocktail	WGR Cold Cereal Pears
Grilled Cheese Sandwich Three Bean Salad Peaches	Beef Nachos Refried Beans Olives	Broccoli/ Rice/ Cheese Casserole Mandarin Oranges	Sloppy Joe/Bun Carrot Raisin Salad Kiwi	Gr. Ham/CheeseWGR Mixed Vegetables Mixed Fruit
Orange Slices WGR Goldfish	Grapes Rice Cake WGR	Mini Bagel/Cr Chz Boiled Egg	WGR Ritz Cracker Peanut Butter	Craisins Popcorn WW
22	23	24	25	26
Pancakes Applesauce	English Muffin WGR Pears	WGR Cold Cereal Cinn Apples	WW Oatmeal Honeydew	WGR Cold Cereal Mandarin Oranges
Chicken Salad Sandwich Veggie Blend Strawberries	Chicken Nuggets Pasta Veg Salad Apricots	Beef & Macaroni Peas Cuties	Cheeseburger/Bun Tater Tots Peaches	Egg Salad Sandwich Mixed Vegetables Mixed Fruit
WGR Cheez its Baby Carrots/Ranch	Granola Yogurt	Raisins WGR Rice Cakes	Cottage Cheese Pineapple	Pretzels Cheese Sauce
29	30	31		
French Toast Blueberries	Bagel Applesauce	WGR Cold Cereal Banana		Infant Substitutions
WW Grilled Cheese Corn Mango	Hot Dog/Bun Veggie Chili Pears	Mac & Cheese Broccoli Florets Peaches		Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives
WGR Ritz Crackers Craisins	WGR English Muffin Pizza	WW Rice Cakes Juice		Corn Cob, Chips Hard Crackers, Popcorn