

KINDERLAND MENU

MAY 2023

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
French Toast Mandarin Oranges	Bagel Banana	G' Morning Burrito Apples	WW Oatmeal Blueberries	WGR Cold Cereal Raisins
Pork Tenderloins Brown Rice/Pears	Corn Dog WGR Green Beans	Chicken Nuggets WGR Cucumbers/Ranch	PBJ WGR/Chz Stick Mixed Veggies	Taco Soup Churro
Peas/Carrots	Peaches	Cuties	Mixed Fruit	Mango
Cinn. Graham Crackers Juice	Grapes Rice Cakes WGR	Banana Peanut Butter	Tortilla Chips Cheese Sauce	Baby Carrots/Ranch Chicken In A Biskit
8	9	10	11	12
Pancakes Apple Sauce	WGR Biscuit/Gravy Kiwi	Sausage Links Potato Triangles	Brkfst Brown RiceWGR Cinnamon Apples	WGR Cold Cereal Pears
Broccoli/Rice/ Cheese Casserole Peaches	Hamburger/Bun Tater Tots Cuties	Chicken Pot Pie WGR Biscuit Plums	Taco Salad Boat Mango	Egg Salad Sand WGR Mixed Veggies Mixed Fruit
Peanut Butter Saltine Crackers WGR	WGR English Muffin Pizza	Hard Boiled Eggs Wheat Thins WGR	Cereal WGR Milk	Pretzels Raisins
15	16	17	18	19
Waffles Apricots	English Muffin WGR Cantaloupe	Yogurt & Granola Fresh Blueberries	WW Oatmeal Fresh Strawberries	WGR Cold Cereal Raisins
Chef Salad Bread Sticks Sliced Apples	Chicken Strips WGR Peas & Carrots Banana	Meat Spaghetti Veggie Blend Pears	Mac & Ham Salad Olives Mandarin Oranges	WGR Grilled Cheese Mixed Veggies Mixed Fruit
PB & J Sandwich WGR	Pretzels Grapes	WGR Cheez Its Banana	Graham Crackers Peanut Butter	Mini Bagel Watermelon
22	23	24	25	26
Pancakes Peaches	WGR Biscuits Honeydew	Ham Slices Diced Potatoes	Brkfst Brown RiceWGR Pears	WGR Cold Cereal Blueberries
Sausage/WGR Biscuits Hash Brown Apple Sauce	Lasagna Green Salad Peaches	Beef/Mac Casserole Beets Cinnamon Apples	Beef Burrito Corn Grapes	Ham/Chz Sand WGR Mixed Veggies Mixed Fruit
Juice Goldfish	WGR Ritz Crackers Oranges	Baby Carrots/Ranch WGR Cheez Its	Cheese Stick Gardettos	Peanut Butter Apples
29	30	31		
CLOSED	English Muffin WGR Pears	G' Morning Burrito Diced Strawberries	Infant Substitutions	
	Homemade Pizza Olives Peaches	Mini Corn Dog WGR Potato Salad Apple Slices	Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives	" This institution is an equal opportunity provider"
Happy Memorial Day!	Rice Cakes WGR Raisins	Wheat Thins WGR Watermelon	Corn Cob, Chips Popcorn, Hard Crackers	

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)

