

KINDERLAND MENU

MAY 2022

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
French Toast Mandarin Oranges	Bagel Banana	Good Morning Burrito Kiwi	WGR Cream Wheat Pears	WGR Bran Cereal Raisins
Taco Salad Boats WGR	Corn Dog WGR Cooked Carrots	Chicken Nuggets WGR Green Beans	Mexican Chicken/Rice Mexicali Corn	Tuna Salad SandWGR Mixed Veggies
Apricots	Peaches	Cuties	Mango	Mixed Fruit
Graham Crackers Juice	Grapes Rice Cakes WGR	Banana Hard Boiled Egg	Tortilla Chips Cheese Sauce	Baby Carrots/Ranch Chicken In A Biskit
9	10	11	12	13
X	English Muffin WGR Cantaloupe	Sausage Links Hash Browns	Brkfst Brown RiceWGR Cinnamon Apples	WGR Cold Cereal Pears
Pancakes Fruit Cocktail	Hamburger/Bun WGR Tater Tots	Beef Stroganoff Broccoli Florets	Pork Tenderloin Mac&Cheese/Peach	Chick Salad Sand WGR Mixed Veggies
Broccoli/Rice/ Cheese Casserole Peaches	Cuties	Plums	Green Beans	Mixed Fruit
Peanut Butter Saltine Crackers WGR	WGR English Muffin Pizza	Cereal WGR Milk	Hard Boiled Egg Wheat Thins WGR	Pretzels Raisins
16	17	18	19	20
Waffles Apricots	Bagel Kiwi	Scrambled Eggs Potato Triangles	WW Oatmeal Strawberries	WGR Bran Cereal Raisins
Chef Salad Bread Sticks Sliced Apples	Chicken Strips WGR Peas & Carrots	Chicken Alfredo Veggie Blend	Mac & Ham Salad Olives	WGR Grilled Cheese Mixed Veggies
PB & J Sandwich WGR	Banana Pretzels	Peaches	Mandarin Oranges	Mixed Fruit
	Grapes	WGR Cheez Its Banana	Graham Crackers Yogurt	Mini Bagel Watermelon
23	24	25	26	27
X	English Muffin WGR Honeydew	Ham Slices Diced Potatoes	WGR Cream Wheat Pears	WGR Cold Cereal Blueberries
Pancakes Peaches	Lasagna Green Salad	Beef/Mac Casserole Beets	Beef Burrito Corn	Ham/Chz Sand WGR Mixed Veggies
Sausage/Eng Muffin Hash Brown Fruit Cocktail	Apricots	Cinnamon Apples	Grapes	Mixed Fruit
Peanut Butter Apples	Rice Cakes Oranges	Juice WGR Cheez Its	Cheese Stick Gardettos	Baby Carrots/Ranch WGR Ritz
30	31			
CLOSED	Bagel Pears		Infant Substitutions	
	Homemade Pizza Olives Peaches		Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives	" This institution is an equal opportunity provider"
Happy Memorial Day!	WGR Ritz Crackers Raisins		Corn Cob, Chips Popcorn, Hard Crackers	

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)

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