

KINDERLAND MENU

AUG 2019

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS 11:30 a.m./SA 12:00p.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1	2
			Cream of Wheat WGR	French Toast
Infant Substitutions			Diced Mangos	Cantaloupe
Peanut Butter, Raisins			Chicken Nuggets	Ham & Cheese Sandwich
Hot Dogs, Raw Carrots			Zucchini	Mixed Veggie
Celery, Grapes, Olives			Plums	Mixed Fruit
Corn Cob, Chips			Soft Pretzels	Stoplight Peppers/Ranch
Hard Crackers			Cheese Sauce	WGR Gold Fish
5	6	7	8	9
English Muffin WGR	WGR Cold Cereal	Breakfast Burritos	WW Oatmeal	Waffle WGR
Fresh Pears	Honeydew Melon	Diced Strawberries	Banana	Blueberries
Chicken Alfredo	Corn Dog WGR	Hamburger	Baked Chicken/ Rice	Tuna Salad Sandwich
Broccoli	Cole Slaw	Tater Tots	Green Salad	Mixed Veggie
Mand. Oranges	Grapes	Watermelon	Sliced Apples	Mixed Fruit
Peanut Butter	Food Court Smoothie	Baby Carrots	Cheez Its WGR	Cheese
Sandwich WGR	Kiwi	WGR Ritz Crackers	Fresh Strawberries	Quesadilla
12	13	14 No More S/A	15	16
Bagel	WGR Cold Cereal	Ham Slices	Cream of Wheat WGR	Pancakes WGR
Cinnamon Apples	Banana	Potatoes O'Bryan	Cantaloupe	Raspberries
Broccoli Rice and Cheese Casserole	Beef Nachos/Chips	Sausage Patty/ Eng Muffin	Spaghetti w/ Meat	Chicken Salad Sandwich
Peaches	Chili Beans	Hash Brown	Cooked Carrots	Mixed Veggie
	Mangos	Applesauce	Apricots	Mixed Fruit
Rice Cake WGR	Cinn. Roll Smoothie	Peanut Butter Crackers	Sun Chips WGR	Cheese Cubes
Apple Juice	Banana	Grapes	Bean Dip	Saltines WGR
19	20	21	22	23
Brkfst Brown Rice WGR	WGR Cold Cereal	Scrambled Eggs	WW Oatmeal	French Toast
Mixed Fruit	Banana	Mango	Mandarin Oranges	Honeydew Melon
Meat Lasagna	Chicken Nuggets	Mac & Ham Salad	Hot Dog/Bun WGR	Egg Salad Sandwich
Brussels Sprouts	Zucchini	Olives	Carrot Raisin Salad	Mixed Veggie
Peaches	Banana	Watermelon	Fresh Nectarines	Mixed Fruit
Mini Bagel/Cr Chz	Apple Pie Smoothie	Cherries	Pretzels	Cottage Cheese
Raisins	Sliced Apples	Animal Crackers	Baby Carrots	Fresh Pineapple
26	27	28	29	30
English Muffin WGR	WGR Cold Cereal	Sausage Links	Cream of Wheat WGR	Waffle WGR
Grapefruit	Mixed Fruit	Applesauce	Diced Strawberries	Blueberries
Pork Tenderloin/Roll	Chicken Strips	Taco Salad in	Tiny Meatloaf	Ham & Cheese Sandwich
3 Bean Salad	Potato Salad	Tostada Bowl	Corn	Mixed Veggie
Pears	Apricots	Mangos	Mashed Potatoes	Mixed Fruit
WW Saltines	Food Court Smoothie	Wheat Thins WGR	Peanut Butter	WGR Cold Cereal
Boiled Egg	Orange Slices	Grapes	Apple Slices	Milk

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)