

# KINDERLAND MENU

# JUN 2019

**LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS 11:30 a.m./SA 12:00p.m.**

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

**At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
English Muffin WGR Mandarin Oranges	Sausage Links Pears	WGR Cold Cereal Honey Dew	WW Oatmeal Banana	Waffle WGR Blueberries
Chef Salad Peaches Bread Stick	Hamburger/Bun Tater Tots Fresh Strawberries	ChickBr/Croissant Carrot Raisin Salad Apricots	Chicken Strips Potato Salad Waldorf Fruit Salad	Tuna Salad Sand WGR Mixed Veggies Mixed Fruit
WGR Cold Cereal Milk	Food Court Smoothie Graham Crackers	Cherries WGR Gold Fish	Peanut Butter Sandwich WGR	Cailliflower Cheese Sauce
<b>10 SA starts</b>	<b>11 X order weekly</b>	<b>12</b>	<b>13</b>	<b>14</b>
Bagel Apricots	Breakfast Burrito Pears	WGR Cold Cereal Cantaloupe	WGR Cream Wheat Diced Strawberries	Pancakes WGR Mandarin Oranges
Chicken Patty Pickled Beets Peaches	Sausage Patty/Muff Sliced Cucumbers Hash Brown	Beef Nachos/Chips Chili Beans Blackberries	BBQ Beef Sandwich Fresh Zucchini Kiwi	Chick Salad SandWGR Mixed Veggies Mixed Fruit
Stoplight Peppers WGR Ritz Crackers	Apple Pie Smoothie Graham Crackers	Cuties Snack Mix WGR	WGR English Muffin Pizza	Peanut Butter Apples
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Brkfst Brown RiceWGR Fruit Cocktail	Ham Slices Potatoes O'Bryan	WGR Cold Cereal Peaches	WW Oatmeal Banana	French Toast Banana
Lasagna Peas and Carrots Pears	Mini Corn Dog WGR Corn Grapes	Chicken Alfredo Broccoli Mandarin Oranges	Tilapia & Rice Cooked Carrots Plums	Ham & Cheese Sand Mixed Veggies Mixed Fruit
Cheese Quesadilla	Cinn. Roll Smoothie Graham Crackers	Cottage Cheese Fresh Pineapple	Cheese Stick Gardettos	Tortilla Chips Bean Dip
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
English Muffin WGR Apricots	Scrambled Eggs Diced Strawberries	WGR Cold Cereal Pears	WGR Cream Wheat Cantaloupe	Waffle WGR Mandarin Oranges
Broccoli Rice & Cheese Casserole Peaches	Beef Hot Dog/Bun Summer Squash Blueberries	Mac and Ham Salad Olives Watermelon	Spaghetti w/ Meat Green Salad Raspberries	Egg Salad Sand WGR Mixed Veggies Mixed Fruit
Rice Cakes WGR Cherries	Apple Pie Smoothie Sliced Apples	Broccoli/Ranch WGR Ritz Crackers	Ham Sandwich WGR	Mini Bagel/Cr Chz Raisins
				Infant Substitutions
				Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives
				Corn Cob, Chips Hard Crackers

WW = 100% Whole Grain    WGR = Whole Grain Rich (50% WW + 50% Enriched)