

KINDERLAND MENU

MAY 2019

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1	2	3
		WGR Cold Cereal	WGR Cream Wheat	Pancakes WGR
Infant Substitutions		Honey Dew	Applesauce	Banana
Peanut Butter, Raisins		Sloppy Joe WGR	Ham/Chz Sand WGR	Mexican Chicken/Rice
Hot Dogs, Raw Carrots		Cauliflower	Mixed Veggies	Mexicali Corn
Celery, Grapes, Olives		Fresh Strawberries	Mixed Fruit	Tropical Fruit Mix
Corn Cob, B Sprouts		Mini Bagel/Cr Chz	Banana	Cheese
Chips, Hard Crackers		Raisins	Yogurt	Quesadilla
6	7 X	8	9	10
English Muffin WGR	Sausage Links	WGR Cold Cereal	WW Oatmeal	French Toast
Mandarin Oranges	Pears	Blueberries	Strawberries	Applesauce
Corn Dog WGR	Grilled Cheese WGR	Baked Chicken/Roll	Egg Salad Sand WGR	Taco Salad
Cooked Carrots	Peas	Carrot Raisin Salad	Mixed Veggies	Boats WGR
Apricots	Peaches	Kiwi	Mixed Fruit	Fresh Blackberries
Cheese Cubes	Cereal WGR	Grapes	Peppers/Carrots/ Celery	Tortilla Chips
Saltine Crackers WGR	Milk	Rice Cakes WGR	WGR Ritz/Ranch	Bean Dip
13	14	15	16	17
Bagel	Breakfast Burrito	WGR Cold Cereal	WGR Cream Wheat	Waffle WGR
Fruit Cocktail	Cantaloupe	Kiwi	Banana	Pears
Sausage/Eng Muf	Beef Stroganoff	Beef Burrito	Chicken Strips	Chef Salad
Hash Brown	Green Salad	Corn	Mixed Veggies	Sliced Apples
Applesauce	Cuties	Plums	Mixed Fruit	Bread Stick
Cottage Cheese	Rice Cakes WGR	Peanut Butter	Ham Slices	WGR English Muffin
Peaches	Grapes	Banana	Saltine Crackers WGR	Pizza
20	21 X	22	23	24
Brkfst Brown RiceWGR	Ham Slices	WGR Cold Cereal	WW Oatmeal	Pancakes WGR
Apricots	Potatoes O'Bryan	Honeydew	Pears	Blueberries
Mac & Ham Salad	Tilapia, Rice WGR	Tuna Noodle Cass.	Pork Tenderloin	Hamburger/Bun WGR
Olives	Zucchini	Peas & Carrots	Mac&Cheese/Peach	Tater Tots
Mandarin Oranges	Strawberries	Fresh Papaya	Green Beans	Corn on the Cob
Soft Pretzels	PB & J	WGR Cheez Its	Cuties	Apple Crisp
Cheese Sauce	Sandwich WGR	Watermelon	Graham Crackers	Yogurt
27	28	29	30	31
CLOSED	Scrambled Eggs	WGR Cold Cereal	WGR Cream Wheat	French Toast
	Cantaloupe	Fresh Raspberries	Pears	Cinnamon Apples
Happy Memorial Day!	Beef/Rice Casserole	Chicken Alfredo	Drumsticks	Meat Lasagna
	Beets	Veggie Blend	Veg Pasta Salad	Green Salad
	Fruit Cocktail	Peaches	Watermelon	Mandarins
	Cottage Cheese	Peanut Butter	Cheese Stick	Fried Egg
	Pineapple	Apples	Gardettos	Sandwich WGR

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)



