

KINDERLAND MENU

APR 2019

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
1	2	3	4	5
Bagel Applesauce	Scrambled Eggs Pears	WGR Cold Cereal Fresh Blueberries	WGR Cream Wheat Strawberries	Waffle WGR Banana
Hot Dog/Bun WGR	Broccoli Rice	Chicken Nuggets	Tuna Salad SandWGR	Mac & Ham Salad
Chili Peaches	Cheese Casserole Cinnamon Apples	Peas Mandarin Oranges	Mixed Veggies Mixed Fruit	Olives Mango
Cottage Cheese	WGR Rice Cakes	Peanut Butter	Banana	Cherry Crisp
WGR Gold Fish	Grapes	Celery Sticks	Pretzels	Milk
8	9 X	10	11	12
Brkfst Brown RiceWGR Mandarin Oranges	Sausage Links Cantaloupe	WGR Cold Cereal * Fresh Raspberries	WW Oatmeal Honeydew	French Toast Mango
Fish Sticks	Drumsticks / Rice WGR	Veggie Beef Stew	Egg Salad Sand WGR	Meat Lasagna
Corn on Cob	Brussels Sprouts	WGR Bread Sticks	Mixed Veggies Mixed Fruit	Green Salad Fresh Apples
Apricots	Pears	Peaches	Stoptlight Peppers	WGR English Muffin
Bagel/Cr Chz Boiled Egg	WGR Cheez Its Baby Carrots	Yogurt Graham Cracker	WGR Ritz Crackers	Pizza
15 SA	16 SA	17 SA	18 SA	19 SA
English Muffin WGR Applesauce	Breakfast Burrito Strawberries	WGR Cold Cereal * Pears	WGR Cream Wheat Banana	Pancakes WGR Fresh Blackberries
Chicken Alfredo Caribbean Mix Fruit Cocktail	Chicken Veg Soup Breadstick WGR Peaches	Corn Dog WGR Peas Kiwi	Ham/Chz Sand WGR Mixed Veggies Mixed Fruit	Roast Beef Green Beans Mashed Potato/Roll
Cheese Cubes	Cottage Cheese	Peanut Butter	Gardettos	Cheese
Saltine Crackers WGR	WGR Cheez Its	Banana	Grapes	Quesadilla
22	23 X	24	25	26
Bagel Apricots	Ham Potatoes O'Bryan	WGR Cold Cereal Honeydew	WW Oatmeal Blueberries	Waffle WGR Fresh Strawberries
French Bread Pizza	Sloppy Joe/BunWGR	Tiny Meatloaf Mashed Potatoes Corn	Baked Fish/Rice WGR Mixed Veggies Mixed Fruit	Cheeseburger/BunWGR Tater Tots Mango
Brussels Sprouts	Cook Carrots Pears	Bagel/Cr Chz	Tortilla Chips	Cuties
Mandarin Oranges	Cheese Stick	Raisins	Cheese Sauce	Graham Crackers
WGR Cheez Its	WGR Ritz Crackers			
Fresh Apples				
29	30			
Brkfst Brown RiceWGR Peaches	Scrambled Eggs Mango			Infant Substitutions
Chicken Strips	Stroganoff Corn Pears		" This institution is an equal opportunity provider"	Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery, Grapes, Olives
3 Bean Salad Papaya	WGR Wheat Thins /Sub			Corn Cob, B Sprouts
Pretzels	Cheese Cubes			Chips, Hard Crackers
Raisins				