

KINDERLAND MENU

MAR 2019

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
				1
Infant Substitutions Peanut Butter, Raisins Raw Carrot, Celery, Pretzel				French Toast Cantaloupe
" This institution is an equal opportunity provider"				Tuna SandWGR Mixed Vegetables Mixed Fruit
				Tortilla Chips Cheese Sauce
4	5	6	7	8
English Muffin WGR Fruit Cocktail Chicken Veg Soup Bread Sticks WGR Mandarins	Ham Slices Potatoes O'Bryan Meat Lasagna Spinach Salad Pears	WGR Cold Cereal Fresh Blackberries Chicken Alfredo Caribbean Mix Grapes	WGR Cream Wheat Banana Ham/Chz SandWGR Mixed Vegetables Peaches	Pancakes WGR Fresh Blueberries Cheeseburger/BunWGR Tater Tots Mixed Fruit
Pretzels Applesauce	Baby Carrots Ritz Crackers WGR	WGR Rice Cakes Banana	Yogurt Graham Cracker	WGR English Muffin Pizza
11	12 X	13	14	15
Bagel Mandarin Oranges	Scrambled Eggs Applesauce	WGR Cold Cereal Honeydew	WW Oatmeal Mango	Waffle WGR Peaches
Chicken Strips Beets Pears	Veggie Beef Stew Corn Bread Fresh Strawberries	Broccoli Rice Cheese Casserole Apricots	Beef Nachos Refried Beans Grapes	Corned Beef/Roll WGR Cabbage/Carrots Diced Red Potatoes
WGR Goldfish Grapes	WGR Cheez Its Stoplight Peppers	Celery Sticks Peanut Butter	Mini Bagel/Cr Chz Boiled Egg	Ritz Crackers WGR Cheese Cubes
18	19	20	21	22
Brkfst Brown RiceWGR Pears	Sausage Links Cantaloupe	WGR Cold Cereal Kiwi	WGR Cream Wheat Fresh Raspberries	French Toast Applesauce
BakedChicken/Roll WGR Brussel Sprouts Peaches	Tilapia/Brown Rice Peas Mandarin Oranges	Hot Dog/Bun WGR Chili Banana	Stroganoff Cooked Carrots Fruit Cocktail	Chicken Salad Sand WGR Mixed Vegetable Mixed Fruit
WGR Rice Cake Cuties	Ritz Crackers WGR Cheese Cubes	Cottage Cheese Pineapple	Peanut Butter Banana	Apple Crisp Milk
25	26 X	27	28	29
English Muffin WGR Pears	Breakfast Burrito Applesauce	WGR Cold Cereal Mango	WW Oatmeal Blueberries	Pancakes WGR Mandarins
Sloppy Joe/BunWGR 3 Bean Salad Fruit Cocktail	Fish Sticks Brussels Sprouts Apricots	French Bread Pizza Corn on the Cob Cuties	Corn Dog WGR Green Beans Peaches	Egg Salad Sand WGR Mixed Vegetables Mixed Fruit
Baby Carrots Yogurt	WGR Wheat Thins Cheese Cubes	Gardettos Raisins	Apple Slices Pretzels	Cheese Quesadilla

