

KINDERLAND MENU

DEC 2018

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 X	5	6	7
French Toast WGR Cinn Apples	Breakfast Burrito Strawberries	WGR Cold Cereal Applesauce	WW Oatmeal Banana	Brkfst Brown RiceWGR Mandarin Oranges
Sloppy Joe WGR Bun Corn on the Cob	Chick Noodle Soup Spinach Salad Pears	Veggie Beef Stew Breadstick Melon	Hot Dog WGR Bun Chili Apricots	Ham/Chz SandWGR Mixed Vegetables Mixed Fruit
Fruit Cocktail Cheese Quesadilla	Grapes WGR Cheez Its	Cheese Stick Gardettos	Peanut Butter WGR Ritz Cracker	Apple Slices WGR Goldfish
10	11	12	13	14
Pancakes WGR Strawberries	Ham Slices Potatoes O'Bryan	WGR Cold Cereal Banana	WGR Cream Wheat Peaches	English Muffin WGR Pears
Beef Nachos Refried Beans Fruit Cocktail	Corn Dog WGR Green Beans Apricots	Meat Spaghetti Spinach Salad Kiwi	Chicken Nuggets Peas & Carrots Mandarin Oranges	Tuna Salad Sand WGR Mixed Vegetables Mixed Fruit
WGR English Muffin Pizza	WGR Goldfish Celery Sticks	Peanut Butter Dip WGR Ritz Cracker	Baby Carrots WGR Cheez Its	Rice Cake Cuties
17	18 X	19	20	21 SA
Waffle WGR Strawberries	Scrambled Eggs Blueberries	WGR Cold Cereal Apricots	WW Oatmeal Banana	Bagel WGR Peaches
Burger/WGR Bun Tater Tots Mangos	Mac & Ham Salad Green Beans Plums	Chicken Alfredo Broccoli Grapes	Chicken, WGR Roll Asian Vegetables Pears	Ham, Roll Mashed Potatoes Mixed Fruit Salad
Stoplight Peppers WGR Cheez Its	Cheese Cubes WGR Ritz Cracker	Cottage Cheese Peaches	Graham Crackers Yogurt	Apple Crisp Milk
24	25	26 SA	27 SA	28 SA
CLOSED	CLOSED	WGR Cold Cereal Applesauce	WGR Cream Wheat Banana	Brkfst Brown RiceWGR Pears
	Enjoy Your Holiday!	Baked Tilapia Peas / Brown Rice WGR Fruit Cocktail	Stroganoff Cuc / Tom Salad Mangoes	Chicken Salad Sand WGR Mixed Vegetables Mixed Fruit
		Pretzels Boiled Eggs	Peanut Butter WGR Ritz Cracker	Cheese Cubes Grapes
31				1
French Toast WGR Peaches				Infant Substitutions Peanut Butter, Raisins Raw Carrots, Celery
Broccoli Rice Cheese Casserole Mandarin Oranges				
Yogurt Graham Crackers				
				" This institution is an equal opportunity provider"