

KINDERLAND MENU

SEP 2018

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Infant Substitutions									
Peanut Butter, Raisins									
Raw Carrots, Celery									
3		4		5		6		7	
 <p>HAPPY LABOR DAY</p>		Sausage Links Pears		WGR Cold Cereal Peaches		WW Oatmeal Diced Strawberries		Bagel WGR Cantaloupe	
		Beef Hot Dog/Bun WGR Cole Slaw Kiwis		Mac and Ham Salad Olives Watermelon		Baked Chicken Mac & Cheese Cooked Carrots/Grapes		Ham & Cheese Sandwich Mixed Veggie Mixed Fruit	
		WGR English Muffin Pizza		String Cheese Orange Slices		Stoplight Peppers/Ranch WGR Gold Fish		Soft Pretzels Cheese Sauce	
10		11 X		12		13		14	
Texas French Toast Applesauce		Ham Potatoes O'Bryan		WGR Cold Cereal Honeydew Melon		Cream of Wheat WGR Banana		Brkfst Brown Rice WGR Blueberries	
Chicken Alfredo Caribbean Mix Boysenberries		Chef Salad Croissant Mandarin Oranges		Sausage Patty/Eng Muf Hash Brown Sliced Apples		Mexican Chicken & Rice 3 Bean Salad Pears		Egg Salad Sandwich Mixed Veggie Mixed Fruit	
Peanut Butter Sandwich WGR		Baby Carrots WGR Ritz Crackers		Snack Mix Banana		Wheat Thins WGR Fresh Strawberries		Cheese Quesadilla	
17		18		19		20		21	
Pancakes WGR Mixed Berries		Breakfast Burrito Applesauce		WGR Cold Cereal Kiwi		WW Oatmeal Craisins		English Muffin WGR Raspberries	
Broccoli Rice and Cheese Casserole Mandarin Oranges		Beef Nachos Chili Beans Fruit Cocktail		Cheeseburger Tater Tots Watermelon		Tilapia/Beets TriColor Pasta Salad Pineapple		Chicken Salad Sandwich Mixed Veggie Mixed Fruit	
Rice Cake WGR Grapes		Cheese Cubes Saltines WGR		Hard Boiled Egg Ritz		Sun Chips WGR Bean Dip		Cottage Cheese Fresh Pineapple	
24		25 X		26		27		28	
Waffle WGR Cantaloupe		Hard Boiled Egg Potatoes O'Bryan		WGR Cold Cereal Banana		Cream of Wheat WGR Diced Strawberries		Bagel WGR Honeydew Melon	
Pork Tenderloin Garlic Noodles / Yams Peaches		Fish Sticks Green Beans Mandarin Oranges		Mac and Cheese Broccoli Fruit Cocktail		Corn Dog WGR Peas Mango		Tuna Salad Sandwich Mixed Veggie Mixed Fruit	
Mini Bagel/Cr Chz Raisins		Banana WGR Gold Fish		Celery Sticks Peanut Butter		Pretzels Baby Carrots		Apple Crisp Milk	

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)