

# KINDERLAND MENU

# AUG 2018

**LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS 11:30 a.m./SA 12:00p.m.**

**Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk**

**At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
Infant Substitutions		WGR Cold Cereal	Cream of Wheat WGR	Bagel WGR
		Mixed Fruit	Diced Strawberries	Cantaloupe
Peanut Butter, Raisins		Hamburger/Bun WGR	Chicken Nuggets	Tuna Salad Sandwich
Raw Carrots, Celery		Tater Tots	Zucchini	Mixed Veggie
		Kiwis	Pears	Mixed Fruit
		Food Court Smoothie	Stoplight Peppers/Ranch	Soft Pretzels
		Orange Slices	WGR Gold Fish	Cheese Sauce
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Texas French Toast	Breakfast Burritos	WGR Cold Cereal	WW Oatmeal	Brown Rice WGR
Pears	Potatoes O'Bryan	Honeydew Melon	Banana	Blueberries
Chicken Alfredo	Corn Dog WGR	Mac and Ham Salad	Baked Chicken/ Rice	Egg Salad Sandwich
Broccoli	Cole Slaw	Olives	Green Salad	Mixed Veggie
Mandarin Oranges	Grapes	Watermelon	Peaches	Mixed Fruit
Peanut Butter	Baby Carrots	Cinn. Roll Smoothie	Cheez Its WGR	Cheese
Sandwich WGR	WGR Ritz Crackers	Banana	Fresh Strawberries	Quesadilla
<b>13</b>	<b>14</b>	<b>15 NO SA</b>	<b>16</b>	<b>17</b>
Pancakes WGR	Sausage Links	WGR Cold Cereal	Cream of Wheat WGR	English Muffin WGR
Pears	Diced Strawberries	Mixed Berries	Cantaloupe	Raspberries
Broccoli Rice and Cheese Casserole	Sausage Patty/ Eng Muffin	Beef Nachos/Chips	Spaghetti w/ Meat	Ham & Cheese Sandwich
Peaches	Hash Brown	Chili Beans	Cooked Carrots	Mixed Veggie
Rice Cake WGR	Cheese Cubes	Mangos	Apricots	Mixed Fruit
Grapes	Saltines WGR	Lemonade Smoothie	Sun Chips WGR	Cherry Crisp
		Cuties	Bean Dip	Milk
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Waffle WGR	Hard Boiled Egg	WGR Cold Cereal	WW Oatmeal	Bagel WGR
Strawberries	Potatoes O'Bryan	Banana	Mandarin Oranges	Honeydew Melon
Meat Lasagna	Chicken Nuggets	Beef Stroganoff	Hot Dog/Bun WGR	Chicken Salad Sandwich
Brussels Sprouts	Zucchini	Beets	Carrot Raisin Salad	Mixed Veggie
Peaches	Banana	Watermelon	Pears	Mixed Fruit
Mini Bagel/Cr Chz	Cherries	Apple Pie Smoothie	Pretzels	Cottage Cheese
Raisins	WGR Gold Fish	Sliced Apples	Baby Carrots	Fresh Pineapple
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Texas French Toast	Ham Slices	WGR Cold Cereal	Cream of Wheat WGR	Brown Rice WGR
Peaches	Applesauce	Mixed Fruit	Strawberries	Blueberries
Pork Tenderloin/Roll	Chicken Strips	Taco Salad in	Tiny Meatloaf	Egg Salad Sandwich
3 Bean Salad	Potato Salad	Tostada Bowl	Corn	Mixed Veggie
Pears	Mandarin Oranges	Apricots	Mashed Potatoes	Mixed Fruit
WGR English Muffin	WGR Cold Cereal	Food Court Smoothie	Peanut Butter	Rice Cakes WGR
Pizza	Milk	Orange Slices	Apple Slices	Grapes

WW = 100% Whole Grain    WGR = Whole Grain Rich (50% WW + 50% Enriched)