

# KINDERLAND MENU

APR 2018

**LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.**

**MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk**

**At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<b>2 SA</b>	<b>3 SA</b>	<b>4 SA</b>	<b>5 SA</b>	<b>6 SA</b>
Waffle WGR	Ham Slices	WGR Cold Cereal	Potatoes' O'Bryan	Brown Rice WGR
Strawberries	Pears	Blueberries	Applesauce	Banana
Broccoli Rice	Hot Dog/Bun WGR	Chicken Nuggets	Mac & Ham Salad	Ham/Chz Sand WGR
Cheese Casserole	Chili	Peas	Olives	Mixed Veggies
Cinnamon Apples	Peaches	Mandarin Oranges	Mango	Mixed Fruit
Cottage Cheese	Peanut Butter	Cherry Crisp	Banana	Rice Cakes
WGR Gold Fish	Celery Sticks	Go Gurt	WGR Cheez Its	Grapes
<b>9 SA</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Pancakes WGR	Scrambled Eggs	WGR Cold Cereal	Cream of Wheat	English Muffin WGR
Mandarin Oranges	Blueberries	Fresh Raspberries	Pears	Mango
Meat Lasagna	Chicken Strips	Drumsticks / Rice WGR	Beef Veg Soup	Egg Salad Sand WGR
Green Salad	Corn on Cob	Brussels Sprouts	Honeydew	Mixed Veggies
Sliced Apples	Apricots	Peaches	Cheese Sandwich WGR	Mixed Fruit
Pretzels	WGR English Muffin	Applesauce	Stoplight Peppers	Pretzels
Grapes	Pizza	Rice Cakes	WGR Ritz Crackers	Carrots
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
French Toast WGR	Sausage Links	WGR Cold Cereal	WW Oatmeal	Mini Bagel WGR
Applesauce	Cantaloupe	Pears	Banana	Mixed Berries
Chicken Alfredo	Chicken Veg Soup	Tiny Meatloaf	Roast Beef	Tuna Salad Sand WGR
Caribbean Mix	Peaches/Chz Stick	Mashed Potatoes	Green Beans	Mixed Veggies
Fruit Cocktail	Saltine Cracker	Corn	Mashed Potato/Roll	Mixed Fruit
Cheese	Cottage Cheese	Go Gurt	Cheese Cubes	Tortilla Chips
Quesadilla	WGR Cheez Its	Banana	Saltine Crackers WGR	Cheese Sauce
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Waffle WGR	Ham Slices	WGR Cold Cereal	Potatoes' O'Bryan	Brown Rice WGR
Apricots	Peaches	Honeydew	Blueberries	Strawberries
French Bread Pizza	Baked Fish/Rice WGR	Corn Dog	Cheeseburger/Bun WGR	Club Sand WGR
Brussels Sprouts	Cook Carrots	Peas	Tater Tots	Mixed Veggies
Mandarin Oranges	Pears	Fruit Mix	Mango	Mixed Fruit
Cheese Stick	Peanut Butter	Cherry Crisp	Cuties	Mini Bagel/Cr Chz
Gardettos	Apples	Yogurt	Graham Crackers	Raisins
<b>30</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>
Pancakes WGR			National Days of Celebration	Infant Substitutions
Peaches			Please Enjoy our Holiday and Special Food Days	Peanut Butter, Raisins Hot Dogs, Raw Carrots Celery
Chicken Strips				
Corn				
Pears				
Apple Slices				
WGR Cheez Its				

