

KINDERLAND MENU

JAN 18

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
1	2 SA	3 SA	4 SA	5 SA
CLOSED	English Muffin WGR	WGR Cold Cereal	WGR Cream Wheat	Ham Slices
	Applesauce	Banana	Blueberries	Strawberries
	Chicken Strips	Broccoli Rice/ Cheese Cass.	Corn Dog WGR	Tuna SandWGR
	Veggie Blend	Mandarin Oranges	Green Beans	Mixed Vegetables
	Peaches		Apricots	Mixed Fruit
	Gardettos	Graham Cracker	Cheese	Celery
	Cheese Cubes	Yogurt	Quesadilla	Peanut Butter
8 SA	9 X	10	11	12
Waffle WGR	Brkfst Brown RiceWGR	WGR Cold Cereal	WW Oatmeal	Scrambled Eggs
Fruit Cocktail	Melon	Grapefruit	Banana	Blueberries
Chicken Veg Soup	Chicken Alfredo	Beef Veg Stew	Hot Dog/Bun WGR	Ham/Chz SandWGR
Bread Sticks	Broccoli	Corn Bread	Chili	Mixed Vegetables
Cuties	Peaches	Apple Slices	Berries	Mixed Fruit
Cherry Crisp	WGR Goldfish	Peanut Butter	Rice Cakes	WGR Wheat Thins
Yogurt	Grapes	Banana	Applesauce	Cheese Cubes
15 SA	16	17	18	19
Pancakes WGR	English Muffin WGR	WGR Cold Cereal	Potatoes O'Brien	Sausage Links
Mandarin Oranges	Strawberries	Blackberries	Mango	Peaches
Bk Chicken/Croissant	Tiny Meatloaf	Beef Nachos	Pork Loin/RollWGR	Grilled Ham/Cheese
Peas and Carrots	Mashed Potatoes	Refried Beans	Brussels Sprouts	Mixed Vegetables
Apricots	Pears	Banana	Carrot Raisin Salad	Mixed Fruit
WGR Cold Cereal	Apple Slices	Cottage Cheese	WGR Cheez Its	Pretzels
Milk	Cheese Cubes	Fruit Cocktail	Grapes	Go Gurt
22	23 X	24	25	26
French Toast WGR	Brkfst Brown RiceWGR	WGR Cold Cereal	WGR Cream Wheat	Ham Slices
Cinn Apples	Melon	Raspberries	Fruit Cocktail	Pears
Sloppy Joe/Bun WGR	Chicken Nuggets	Saus Pty/Eng Muff	Meat Lasagna	PBJ / WGR Bread
Veggie Blend	Beets	Hash Brown	Cuke / Tom Salad	Mixed Vegetables
Peaches	Strawberries	Applesauce	Mandarin Oranges	Mixed Fruit/Chz Stick
Banana	Mini Bagel/Cr Chz	Cheese	Graham Cracker	Orange Slices
Cheese Stick	Boiled Egg	Quesadilla	Go-Gurt	Rice Cakes
29	30	31		
Waffle WGR	English Muffin WGR	WGR Cold Cereal		Infant Substitutions
Applesauce	Pears	Mango		Peanut Butter, Raisins
Baked Fish/Bread St	Chicken Patty	Stroganoff		Raw Carrots, Celery
Corn on the Cob	Cooked Carrots	Spinach Salad		
Peaches	Melon	Cuties		
WGR Cheez Its	WGR Goldfish	WGR English Muffin		
Baby Carrots/Ranch	Craisins	Pizza		
				" This institution is an equal opportunity provider"