

KINDERLAND MENU

AUG 17

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
	Yogurt Strawberries	Kix Mixed Fruit	English Muffin Applesauce	Danish Mangos
	Spaghetti w/ Meat Green Beans Pears	Hamburger Tater Tots Kiwis	Chicken Nuggets Zucchini Mandarin Oranges	Tuna Salad Sandwich Mixed Veggie Mixed Fruit
	Apple Slices Peanut Butter	Mint Smoothie Graham Cracker	Baby Carrots/ Ranch Cheez its	Cheese Stick Ritz Cracker
7	8	9	10	11
Waffle Applesauce	Scramble Eggs Hash Brown	Cheerios Blueberries	Brkfst Brown Rice Pears	Sausage Links Diced Potatoes
Chicken Alfredo Broccoli Mandarin Oranges	Corn Dog Cole Slaw Grapes	Mac and Ham Salad Olives Watermelon	Baked Chicken/ Rice Green Salad Peaches	Egg Salad Sandwich Mixed Veggie Mixed Fruit
Juice Vanilla Wafers	Chocolate Pudding Banana	Cinnamon Roll Smoothie/Banana	Mini Cini Milk	Pretzels Cheese Sauce
14	15	16	17 No SA	18
Pancake Blackberries	Muffin Pears	Corn Flakes Craisins	Oatmeal Mandarin Oranges	Hash Brown Bananas
Broccoli Rice and Cheese Casserole Peaches	Sausage Patty/ Eng Muffin Hash Brown Applesauce	Beef Nachos/Chips Chili Beans Mixed Fruit	Tilapia/Mac&Chse Cooked Carrots Mangos	Ham & Cheese Sandwich Mixed Veggie Mixed Fruit
Cheese Stick Gardettos	Peanut Butter Celery Sticks	Apple Pie Smoothie Sliced Apples	Watermelon Rice Cake	Graham Cracker Milk
21	22	23	24	25
French Toast Applesauce	Potatoes O'Brian Mixed Fruit	Corn Flakes Mandarin Oranges	Mini Bagel Applesauce	English Muffin Mango
Meat Lasagna Pears Brussels Sprouts	Chicken Nuggets Zucchini Peaches	Beef Stroganoff Beets Watermelon	Tiny Meatloaf Corn Mashed Potatoes	Chicken Salad Sandwich Mixed Veggie Mixed Fruit
Blackberries Yogurt	Stoplight Peppers Goldfish	Cheese Quesadilla	Cheez its Juice	Mini Cini Go Gurt
28	29	30	31	31
Waffle Blueberries	Ham Slices Cinn Apples	Kix Mixed Fruit	Scrambled Eggs Strawberries	Infant Substitutions
Pork Tenderloin 3 Bean Salad Dinner Roll/ Peaches	Chicken Strips Potato Salad Mandarin Oranges	Taco Salad in Tostada Bowl Apricots	Hot Dog/Bun Carrot Raisin Salad Pears	Peanut Butter, Raisins Raw Carrots, Celery
Peanut Butter Rice Cake	Animal Crackers Grapes	Applesauce Graham Cracker	Cheese Stick Elf Graham	

WW = 100% Whole Grain WGR = Whole Grain Rich (50% WW + 50% Enriched)